



## The Greek word "charis" means grace and goodwill.

It conveys the mercy and loving kindness by which God strengthens mankind and turns lives around. Through rigorous research, the Charis Institute is uncovering the power of "charis" to strengthen lives and support marriages and families as cornerstones of every society. That is the heart of the institute.

We invite you to join us as we seek to promote healthier interconnections and exponential benefits globally together.



Charis Institute | 1000 Regent University Drive | Virginia Beach, VA 23464 | 757.352.xxxx | charis.regent.edu

Housed within the Regent University School of Psychology & Counseling, the institute is an initiative supported by the Rosemarie S. Hughes Endowed Scholarship of Christian Thought in Mental Health Practice.



BRINGING PRINCIPLES AND PRACTICES IN MARRIAGE AND FAMILY CARE  
TO EVERY WILLING HOME, HELPER AND HOUSE OF WORSHIP.



## THE ISSUE OF MARRIAGE AND FAMILY IS OF CRITICAL CONCERN.

As society fails to alleviate and remediate mental health disorders, we see alarming rates of divorce, family strife, poverty, inadequate education, and poor nutrition are just some of those results.

**The Charis Institute**, powered by Regent University and the School of Psychology & Counseling, is working to change that.

We provide practical marriage and family resources and tools to empower pastors, professors, families, and researchers to intervene and care for others.

Our goal is to address these common questions with meaningful answers:

**What to do? | How to do it? | Does it work?**

### WHO WE SERVE

- **Church and parachurch teams** seeking marriage and family education and intervention strategies.
- **Counselors and psychologists** in need of research and resources.
- **Scholars** seeking tools to train mental health professionals.
- **Individual married couples and families** ready for change.



### HOW WE SERVE

The Charis Institute is focused on the creation of tangible, practical marriage and family enhancement resources for education and church contexts.

#### Education

Resourcing university students and clinicians in counseling and psychology globally.

#### Training

Preparing pastors and lay counselors to care for your church body through the power of psychological literature combined with ministry tools.

#### Research

Examining and assessing our work to ensure that it is helping families, couples, and ministries to flourish.

#### Social Transformation

Influencing grassroots initiatives for broad social impact.

We are a community of scholars who conduct social science research into the application of Christian-related themes on marriage and families across cultures and nations. We measure the effect of our education, training and family impact to produce effective ministry.

## MEET OUR DIRECTORS



### Jennifer Ripley, Ph.D.

Rosemarie S. Hughes Endowed Chair of Christian Thought in Mental Health Practice

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### Jim Sells, Ph.D.

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